



Juan Fregoso <juan.fregoso@lacity.org>

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## Saturday Supper Day 1 - Great Success! Join us for Days 2, 3, and 4

1 message

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**SELAH Neighborhood Homeless Coalition** <selahnhc@gmail.com>

Reply-To: selahnhc@gmail.com

To: juan.fregoso@lacity.org

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Thu, May 30, 2019 at 11:30 AM



### SELAH Neighborhood Homeless Coalition

Dear Activists & Supporters,

Great news, our first ever Saturday Supper was a hit! There were 29 hot showers taken, over 40 meals served, and a wonderful Restorative Yoga session taught by Dr. Seetal Cheema. Additionally, Team SELAH rented a van to provide transportation to and from the event, which certainly boosted turnout.

We at SELAH want to give a huge THANK YOU to Pastor Kyle Joachim of the *Silver Lake Church* for hosting us at no charge, Mel Tillekeratne from *Shower of Hope* for coming through on such short notice and delivering an amazing service, John Himelstein of *gingergrass* for the extremely tasty catering and deep discount, and of course the REAL MVP's, our 15 amazing volunteers who served food, drove vans, cleaned showers, and helped build a true sense of community with our unhoused neighbors.

We're back at it again this Saturday, first with Engagement from 1 to 3 pm (tickets still available) and then for our second installment of Saturday Suppers

from 2 to 6 pm (a few tickets still available).



Please note that engagement times have changed to better align with the Saturday Supper program.

Warmly,  
The SELAH team

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**SELAH 4th Wednesdays Potluck**



Also, special THANK YOU to Giulia Rozzi and her friends for taking over the SELAH 4th Wednesday Potluck at the Silver Lake Church. With what seemed like one of our best turnouts yet, roughly 45 hot meals were served to unhoused and low-income neighbors. Potluck regulars Cathy, Joe, Darius and Dorit pitched in to ensure it was a success.

## **Upcoming Events**

Registration required for all events

### **Saturday, June 1**

#### **Mini-Engagement**

1:00 - 3:00pm

Experienced Volunteers Only

[Register to volunteer](#)

#### **Saturday Supper**

2:00 - 6:00pm

TICKETS SOLD OUT

### **Saturday, June 8**

#### **Mini-Engagement**

1:30 - 2:30pm

Experienced Volunteers Only

[Register to volunteer](#)

#### **Saturday Supper**

2:00 - 6:00pm

New Volunteers Welcome

[Register to volunteer](#)

### **Saturday, June 15**

#### **Homelessness Engagement**

1:00 - 3:00pm

Experienced Volunteers Only

[Register to volunteer](#)

#### **Saturday Supper**

2:00 - 6:00pm

New Volunteers Welcome

[Register to volunteer](#)

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## Shop Our Amazon Wishlist

Our new Saturday Supper program requires a lot of new supplies. Donate one of the items we need to operate.



[Donate via the wishlist](#)

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## Resources

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You are receiving this e-mail because you have expressed interest in participating in a neighborhood-level movement to end homelessness in our communities.

**Our mailing address is:**

SELAH NHC  
Los Feliz Blvd  
Los Angeles, CA 90027

[Add us to your address book](#)

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